

BREAKFAST OPTIONS

PANINI GRILLED SANDWICHES

DENVER - VEGGIE EGG WITH HAM, SPINACH, ONION, PEPPER, CHEESE, & COUNTRY FRENCH SEASONING ON WHOLE GRAIN BREAD

SAUSAGE & EGG - EGG & SAUSAGE ON FRENCH WITH CHEESE & GARLIC HERB SEASONING

SOUTHERNER - SAUSAGE & EGG WITH CHEESE, SUN DRIED TOMATOES, & TIJUANA SEASONING

BREAKFAST VEGGIE - EGG, ONIONS, PEPPER, CHEESE, AND COUNTRY FRENCH SEASONING ON 7 GRAIN

PESTO EGG - PESTO, EGG, ONIONS, GREEN PEPPER, PROVOLONE CHEESE, SPINACH AND TOMATOES ON WHOLE GRAIN

MORNING CHOICES

DENVER IN A DISH - OMELETTE DISH WITH EGG, CHEESE, HAM, ONION, AND PEPPER

OATMEAL

- BLUEBERRY & WALNUT OATS: STEEL CUT OATS WITH BLUEBERRIES & WALNUTS, DRIZZLED WITH HONEY & SPRINKLED W/ CINNAMON
- STEEL CUT OATS: STEEL CUT OATS WITH OPTION OF RAISINS, CRAISINS, WALNUTS, OR BLUEBERRIES & DRIZZLED WITH HONEY

GRANOLA

- GRANOLA YOGURT BOWL: HOMEMADE GRANOLA WITH SCOOP OF YOGURT AND BLUEBERRIES
- GRANOLA BOWL: HOMEMADE GRANOLA WITH MILK, CRAISINS, RAISINS AND CHOCOLATE CHIPS

BACON CHEDDAR SCONE: SAVORY BREAKFAST SCONE

HARD BOILED EGG

TOAST: 7 GRAIN W/ PROVOLONE, SWISS CHEESE

BAGEL - PLAIN, W/OPTION OF CREAM CHEESE,

GARLIC & HERB BAGEL - CREAM CHEESE W/ SEASONING

APPLE BUTTER BAGEL - CREAM CHEESE & APPLE BUTTER

COUNTRY FRENCH BAGEL - CREAM CHEESE W/

COUNTRY FRENCH SEASONING

LUNCH OPTIONS

* ADD SIDE: KETTLE CHIPS *

PANINI SANDWICHES

SPICY SOUTHWESTERN: TURKEY, PROVOLONE, AND SUN DRIED TOMATOES ON FRENCH BREAD

HAM & CHEESE: PROVOLONE, HAM, AND FUSION GARLIC SEASONING ON WHOLE GRAIN

COUNTRY HAM: PROVOLONE, HAM, TOMATOES, SPINACH, AND COUNTRY FRENCH SEASONING ON WHOLE GRAIN

MEDITERRANEAN: TURKEY AND PROVOLONE ON WHOLE GRAIN WITH GREEK SEASONING

GRILLED PB&J: PB&J ON FRENCH BREAD

PESTO CHEESE - PESTO, PROVOLONE, AND TOMATOES ON FRENCH BREAD

GRILLED CHEESE: PROVOLONE WITH GREEK SEASONING ON FRENCH BREAD

HAM & SWISS ON RYE

GARDEN HAM: HAM ON WHOLE GRAIN WITH TOMATO, SPINACH AND GARLIC/HERB SEASONING

GARDEN TURKEY: TURKEY ON WHOLE GRAIN WITH TOMATO, SPINACH AND GARLIC/HERB SEASONING

GARDEN HAM N' SWISS ON RYE: HAM ON RYE WITH SWISS, TOMATO, SPINACH

PESTO TURKEY - PESTO, TURKEY, PROVOLONE, TOMATOES, SPINACH, AND TOMATOES ON FRENCH BREAD

SOUPS: CUP/BOWL

SOUPS ROTATE DAILY: SEE BOARD

~ CHILI (WINTER, SUMMER) ~

~ TACO SOUP (SPRING, FALL) ~

~ BROCCOLI SOUP (SEPTEMBER-MAY) ~